



2023 PSFCA EAST/WEST ALL STAR GAME

Congratulations on being selected to participate in the 21st Annual PSFCA East/West All Star game. The Pennsylvania Scholastic Football Coaches Association (PSFCA) is proud to have you as a participant of this game and we look forward to working with you to make this a great experience.

On the next page is the tentative timeline for the game. The games will be played Sunday, May 21, 2023 at the Bishop McDevitt HS Rocco Ortenzio Stadium in Harrisburg PA. There will be two practice days before the game. All players are expected to be at both practice days. The practice days are Sunday, May 7th and Sunday, May 14th. Practice times/locations are listed on the timeline.

You will need to see your high school coach to secure the following equipment by the first practice May 7th. Helmet, mouthpiece, shoulder pads, girdle, practice pants w/belt, knee pads, thigh pads, hip pads and tail pad, practice jersey and any other pads you may need. Game pants/jersey will be provided.

PLEASE BE IN GOOD PHYSICAL CONDITION WHEN YOU ARRIVE FOR THE FIRST PRACTICE.

Here is what needs turned in by **APRIL 1st**. Please start working on this today!

1. Each player must provide a copy of their **insurance card and proof of physical examination** by **APRIL 1**. A copy of your PIAA physical form can be obtain through your Athletic Director.
2. Each player must complete the 'Player Release form' and return by **APRIL 1**.
3. Each player must design a program ad by acquiring a sponsor; see 'Player Sponsorship form' attached and sample for details. This needs complete by **APRIL 1**

PLEASE SUBMIT YOUR PLAYER RELEASE FORM, INSURANCE CARD AND COPY OF PHYSICAL BY **APRIL 1, 2023** TO:

PSFCA East West All Star Football Game
5010 Ritter Rd. Suite 119
Mechanicsburg, PA 17055
or scan and email to: intern@big33.org

Any questions, contact: intern@big33.org