



## **ALL STAR GAMES**

### **2024 PSFCA EAST/WEST ALL STAR GAME**

Congratulations on being selected to participate in the 22nd Annual PSFCA East/West All Star game. The Pennsylvania Scholastic Football Coaches Association (PSFCA) is proud to have you as a participant of this game and we look forward to working with you to make this a great experience.

On the next page is the tentative timeline for the game. The games will be played Sunday, May 19, 2024 at Cumberland Valley High School Stadium. There will be two practice days before the game. All players are expected to be at both practice days. The practice days are Sunday, April 28<sup>th</sup> and Sunday, May 5th. Practice times/locations are listed on the timeline.

**You will need to see your high school coach to secure the following equipment by the first practice April 28th. Helmet, mouthpiece, shoulder pads, girdle, practice pants w/belt, knee pads, thigh pads, hip pads and tail pad, practice jersey and any other pads you may need. Game pants/jersey will be provided.**

**PLEASE BE IN GOOD PHYSICAL CONDITION WHEN YOU ARRIVE FOR THE FIRST PRACTICE.**

Here is what needs to be turned in by **April 1st**. Please start working on this today!

1. Each player must complete '[Health Form](#)' and provide a copy of their **insurance card and proof of physical examination** by **April 1st**. A copy of your PIAA physical form can be obtained through your Athletic Director.
2. Each player must complete the '[Player Release form](#)' and return by **April 1st**.
3. Each player must design a program ad by acquiring a sponsor; see "[Player Sponsorship form](#)" for details. This needs completed **APRIL 26th**

**PLEASE SUBMIT YOUR PLAYER RELEASE FORM, INSURANCE CARD AND COPY OF PHYSICAL BY **April 1st****

Any Questions, contact: [intern@big33.org](mailto:intern@big33.org)